



Charlotte Location- (Colonnade Executive Suites) 1811 Sardis Rd. North, Charlotte, NC 28270

Huntersville Location- (Daetwyler Plaza) 13420 Reese Blvd., West, Huntersville, NC 28078

Professional Disclosure Statement

(Initials) Overview and Description of Services

Our counselors/therapists are Marriage & Family Therapists licensed in the state of North Carolina. We see individuals, couples, and families and we partner with clients from an integrative perspective. Being authentic in our approach to therapy, we will work together for you to be empowered to a well and whole self. Our approach to therapy is that of a consultant and fellow journeyman in exploring the challenges, and the emotional unrest of life. Other theoretical perspectives used include:

- **Positive Psychology** – focusing on the strengths that enables individuals to thrive and the belief that people want meaningful and fulfilling lives; that they want to cultivate what is best within themselves and enhance their experience of love, work and play.
- **Humanistic** – focusing on one’s present experience, one’s free choice and the idea that self-awareness leads to choices, responsibility and change.
- **Family systems** – focusing on the present and playing and paying attention to one’s family of origin in a direct and non-confrontational manner to gain self-awareness in current relationships and intergenerational experiences. A genogram (3 generational family history) is constructed, usually within the first two sessions.
- **Cognitive-Behavioral** – focusing on the present and interpersonal environments that perpetuate thoughts and behaviors. This modality is directive and actions, negotiations and contracts may be used to help modify cognitive and behavior patterns.

(Initials) Sessions, Fees, Payment Method, Scheduling & Cancellation Policy

Initial Diagnostic interview last eighty (80) minutes. Fee: \$185.00

Individual Session lasts fifty (50) minutes beginning on the hour and ending ten (10) minutes before the hour unless other arrangements are made. Fee: \$130.00

Couples & Family Session lasts (80) minutes beginning on the hours and ending ten (10) minutes before the half hour unless other arrangements are made. Fee: \$185.00

Any time overage will be prorated in ten (10) minutes intervals. Clients pay for services after each appointment and are encouraged to schedule on a quarterly basis. Scheduling on a quarterly basis means negotiating and reserving appointment times specifically for the client for a period of 3 months.

Professional services are rendered and charged to the clients and not to the insurance company. Clients who wish to submit a statement to their insurance company will receive a statement with appropriate procedure and diagnostic codes. Please note that it is the client’s responsibility to determine coverage.

Visa, MC, AMEX, check and cash are acceptable forms of payment.

(Initials) Please note: A \$50 fee is assessed for each declined credit/debit card or returned check.

Also, an advance 24 hr. notice is required for any cancellation or re-schedule. Without 24 hrs. notice, full fee will be charged unless it involves a life-threatening emergency.

_____ **(Initials)** Confidentiality and Special Concerns

Information disclosed in session is confidential and may not be disclosed to anyone without written permission from you, the client. However, North Carolina law requires the following exceptions to confidentiality:

- Where there is suspicion or evidence of child or elderly abuse, where there is reasonable suspicion that the client presents danger to self or others, and Court Order.

Therapeutic notes have diagnosis and become part of the client record. Also, please note that confidentiality cannot be guaranteed in group work. During this process I will always work to help you achieve your goals yet cannot make any outcome guarantees. I will always assume (if possible) both partners love their children and want the best for them. For that reason, please know, I will not testify on behalf or against either party.

_____ **(Initials)** Telephone

Phone sessions are available on request, depending on the therapist you are working with. If you need to contact either therapist between sessions, please leave a message and they will return your call within 24 hours. If an emergency arises, state that clearly in your message and we will respond as soon as possible. An emergency is considered danger to self or other catastrophic loss. In case of a life-threatening emergency, it is in your best interest to contact 911 at once. Please note: Non-emergency calls to my office about issues other than cancelation or scheduling will be considered billable at the standard hourly rate.

_____ **(Initials)** All Things Social Media

It is policy that we, at Inner Peace Counseling Center, do not get involved with any social media with clients to ensure their privacy and helps to protect the client/therapist relationship.

_____ **(Initials)** Registering Complaints

On occasion, clients have concerns and complaints and are urged to bring them to the therapist's or director-Todd Malloy's attention at once. Clients may also register complaints with the NC-MFT Licensure Board.